

POSITION #18

the titanic



sexual
health
check up

make your
position
clear

SEXUAL HEALTH CHECK UP

should I get one?

Any piece of equipment performs better when serviced regularly. Why should your equipment be any different? You deserve the best and having a regular Sexual Health check up including an HIV test every 6 months or sooner if you have put yourself at risk, means you are protecting yourself from HIV and other Sexually Transmitted Infection (STIs).

By doing this you can ensure that you are at your best physically to enjoy life to the fullest.

Most STIs can be easily treated but there is still no cure for HIV. However if you test positive for HIV there are effective treatments available which makes HIV manageable as part of your everyday life. Early access to treatment means that your health outcomes will be much better than finding out too late that you have HIV.

If you know you have been taking risks and having unprotected sex arrange a check up as soon as possible.

www.makeyourpositionclear.com

Whatever position you're in, sexual health check ups have a part to play.

Check ups and HIV testing every 6 months help look after your long term health. For information on clinics and to make an appointment today, visit www.makeyourpositionclear.com



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